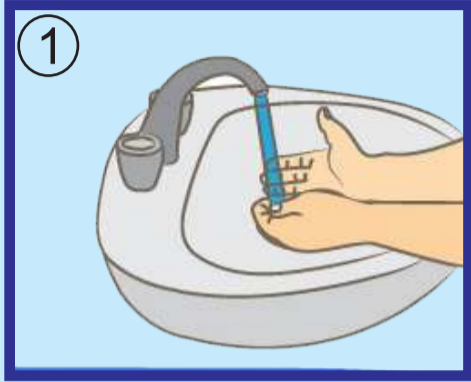


Hada kai domin kiyaye kamuwa da cututtuka

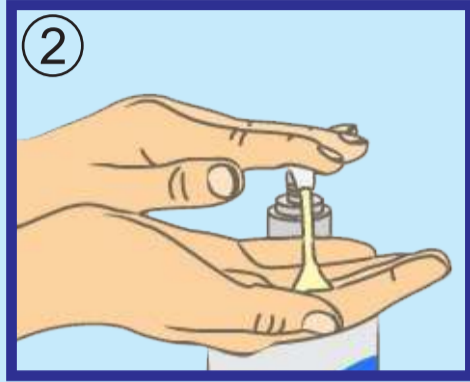
Me zai sa a wanke hannuwa?

Domin kiyaye kanmu (ma aikatan asibiti) da masu ziyarar asibiti domin kamuwa da cututtuka

Yadda ake wanke hannu



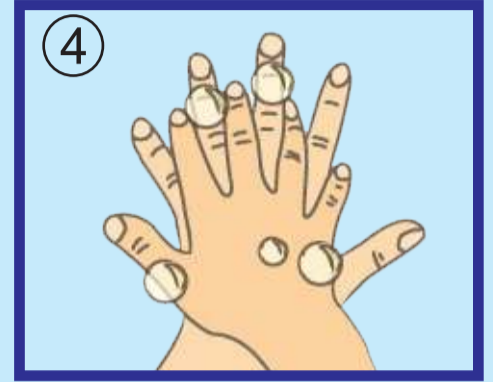
A jika hannu da ruwa



Shafa sabulu a ciki da saman hannu



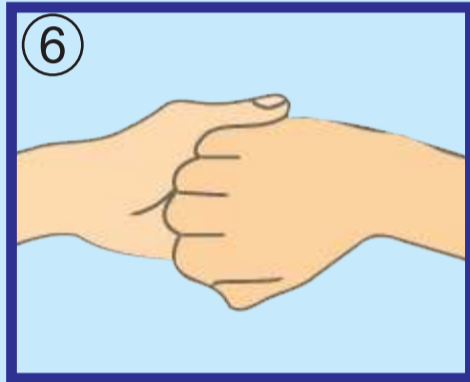
A chuda tafikan hannun sosai



A wanke bayan hannu da tsakanin yatsu sosai



A hada tafukan hannun sannan a tsefe yatsu.



A cuda fatar bayan yatsun duka hannayen



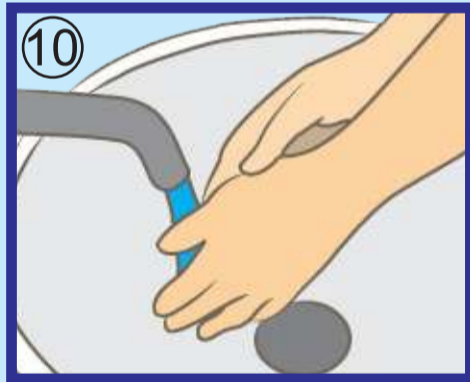
A cuda kowane babba yatsa a cikin daya hannun



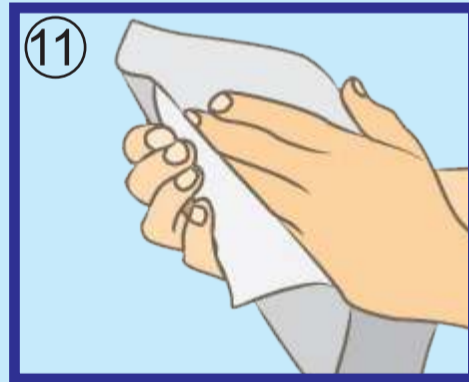
A Goga kan yatsu sosai a tsakiyar tafi daya hannun



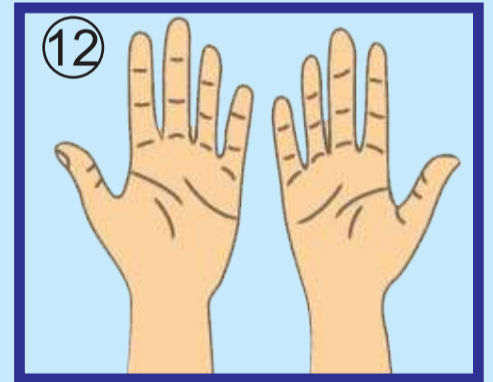
Kiwanke tsintsiyar kowane hannu da daya hannun



Dauraye hannaye da ruwa. Sannan a kashe kanfamfo da tawul



Yi amfani da tawul dan tsane hannaye sosai



Yanzu hannaye sun tsaftatu, kuma babu wani hadarin daukar cututtuka

Lokutan da ya kamata a wanke hannu

- Da zaran kin iso wurin aiki
- Da kuma Kafin.....
 - Hulda da masu ziyartar asibiti
 - Lokacin sa za'a sanya safar hannu
 - Barin asibiti zuwa gida
- Da kuma bayan.....
 - Ganawa da masu ziyartar asibiti
 - Kin taba kayan aiki masu datti
 - An taba majina, jini ko wani ruwa gada jikin mutum
 - An cire safar hannu

