

Strategic Engagement of Healthcare Professional Bodies in Nigeria to bridge Human Resources Gaps in Family Planning:

A case study of NURHI 2 collaboration with Community Health Practitioners Board of Nigeria

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INTRODUCTION

Self-choice and access to contraceptives are necessary for women to achieve their reproductive goals



Contraceptive autonomy refers to those who do not need permission to use a method of family planning if they decide to use



Studies have shown that women who do not need anyone's permission to use a modern method of contraceptive have a higher chance of determining and achieving their reproductive goals



FINDINGS

- ✓ There is a positive association between contraceptive autonomy and contraceptive use
- ✓ A very high percentage of women still require permission mostly from their partners
- ✓ A greater percentage of WRA who are users of modern methods of contraceptives have autonomy
- ✓ Women who have contraceptive autonomy in Kaduna and Lagos are 29% and 13% more likely to use contraceptives than women who do not have

METHODS

Data used was the wave 4 of the NURHI 2 Flexi-Track Omnibus survey collected in the 4th quarter of 2018 in three States in Nigeria. Sample size for the data is 4912 women of reproductive age (WRA) representing 75% of the total sample. Data analysis was carried out at bi-variate and multivariate levels using the software STATA 14

RESULTS

Table 1: Contraceptive autonomy among WRA surveyed

	Kaduna (%)	Lagos (%)	Oyo(%)
Have autonomy	21.7	28.8	19.4
Lacks autonomy	76.4	65.4	79.3
Autonomy among users	74.4***	68.0***	80.9***

Table 2: Association between Contraceptive autonomy and use among WRA in three Nigerian State (after controlling for socio demographic characteristics variables)

	Odds Ratio (OR)	95% CI
Kaduna State	1.30	0.90-1.86
Lagos State	1.14	0.82-1.58
Oyo State	0.81	0.57-1.14

CONCLUSION

Contraceptive autonomy plays an important in women of reproductive age's use of contraceptives. as shown that women who have contraceptive autonomy are more likely to use contraceptives. Programmers and stakeholders should focus more on studying the predictors of contraceptive autonomy as it relates to contraceptive use in Nigeria.