

Trends in Family Planning Methods mix among Post and Non-Post Pregnant Women In Private Health Facilities Across Selected Local Government Areas of Lagos, Nigeria.

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INTRODUCTION

Contraceptive method mix for most countries, is often skewed towards select methods, with over 50% of all use by a single method or with only two or three methods being opted for by most users.

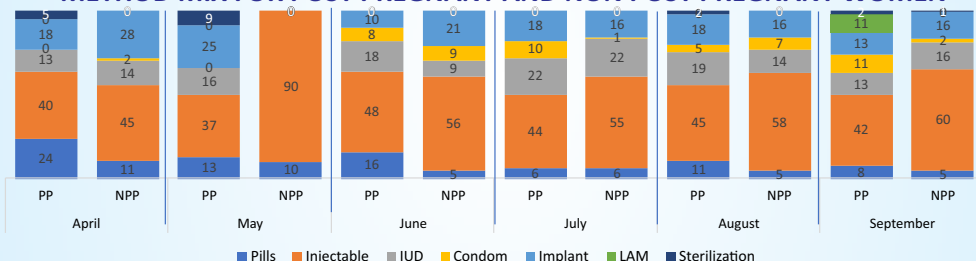
The aim of this paper is to assess the trend in method uptake between the post pregnant (PP) women and non-post pregnant (NPP) women in private health facilities of Lagos state.

METHODOLOGY

Review of six months (April 2018 – September 2018) Family Planning routine service statistics from 40 high volume site private facilities in 14 Local Government Areas (LGAs) of Lagos state. Data analysis was done at univariate level



METHOD MIX FOR POST PREGNANT AND NON POST PREGNANT WOMEN



RESULTS

Findings show that for both categories of PP and NPP women, short acting method (especially injectables) uptake constitutes large proportion of total method uptake across all months reviewed.

In addition, for long and short acting methods, more PP women opted for IUD and pills respectively compared to NPP women

The Lactational Amenorrhea Method of contraception also became popular in the last month of review among PP women

CONCLUSION

To improve method uptake among women, adequate Family Planning information must be provided all times and full range of methods choice made available and accessible to reduce missed opportunities, and bias towards one or two methods either from the clients or Family Planning providers at different service points.

To ensure access to full range of method choice for women, the Post Pregnancy Family Planning project is collaborating with a social marketing organization to ensure family planning commodities are available in the private health facilities of intervention across Lagos state.

ABOUT PPF

The Bill and Melinda Gates Foundation (BMGF), Merck for Mothers (MFM) currently supports the Post pregnancy Family Planning (PPFP) project to increase uptake of contraceptives among women in the post-pregnancy period in private health facilities in Lagos State Nigeria

Source: Family Planning Routine Data, Post Pregnancy Family Planning Project, Lagos 2018