



WELCOME

You have the **RIGHT** to:

Dignity Information

- be treated with courtesy, consideration, and respect.
- know the names of the people who serve you, to learn about reproductive health choices, and to have all your questions answered honestly and accurately.

Access

- get services regardless of sex, creed, marital status, ethnic group, or age.

Choice

- decide freely whether or not to have children, whether to practice birth spacing, and to pick the method. To decide for or against any treatment. Also, to change your mind and make new choices when you want.

Safety

- be able to practice safe and effective childbirth spacing.

Privacy

- have counseling that others do not overhear or interrupt.

Confidentiality

- know that personal information will not be repeated to others.

Comfort

- be put at ease.

Continuity

- receive services and supplies as long as needed.

Opinion

- express your views about the services.

You can help receive the best care by:

- **Stating your wishes** Clearly.
- **Asking questions** to get the information you need to make sure you understand. You can think ahead about your questions.
- **Describing your medical history** truthfully, including any changes in health.
- **Following instructions.**

When you have questions ... Please ASK!

When you have problems ... Please SPEAK UP!

When you like what happens ... Please SMILE!

